

# FLLC MENU

## January 22-26, 2018

\*\* Please note: Alternatives are always provided for students with food allergies.

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Cereal	Waffles w/ Syrup	Granola Bar w/ Banana	Toast	Cereal
Raisins			Jelly	Raisins
Milk & Water	Milk & Water	Milk & Water	Milk & Water	Milk & Water
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Tomato Soup w/ Crackers	Spaghetti w/ Meat Sauce	Stir Fry	Chicken Nuggets	Turkey Melt
Broccoli	Tomatoes	Peppers	Cucumbers	Carrots
Bananas	Grapes	Oranges	Berries	Apples
Milk & Water	Milk & Water	Milk & Water	Milk & Water	Milk & Water
<b>PM Snack</b>	<b>PM Snack</b>	<b>PM Snack</b>	<b>PM Snack</b>	<b>PM Snack</b>
Animal Crackers	Pretzels	Chips	Goldfish	Rice Cakes and Grapes
Apples	Craisins	Salsa	Broccoli	
Water	Water	Water	Water	Water

