

FLLC MENU

April 3-7, 2017

** Please note: Alternatives are always provided for students with food allergies.
Also, I have added more specifics to some of the menu items.

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cereal	Breakfast Apple Crisp	Granola Bar w/Strawberries	Whole Grain Bagel w/Cream Cheese	Cereal
Milk & Water	Milk & Water	Milk & Water	Milk & Water	Milk & Water
Lunch	Lunch	Lunch	Lunch	Lunch
Hawaiian Slider (Ham, Cheese, & Pineapple)	Chicken Nuggets	Pasta Salad	Black Bean & Cheese Burrito	Hot Roast Beef & Swiss Sandwich on Whole Wheat
Broccoli	Mashed Potatoes	Peas	Peppers	Cucumbers
Banana	Green Beans	Grapes	Oranges	Apples
Milk & Water	Milk & Water	Milk & Water	Milk & Water	Milk & Water
PM Snack	PM Snack	PM Snack	PM Snack	PM Snack
Apples w/PB	Chips & Salsa	Pretzels	Toast w/Avocado	String Cheese
		Carrots		Veggies
Water	Water	Water	Water	Water