

FLLC MENU

March 20-24, 2017

** Please note: Alternatives are always provided for students with food allergies.
Also, I have added more specifics to some of the menu items.

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cereal	Greek Yogurt w/Fruit	Granola Bar w/Banana	Toast w/Nutella & Strawberries	Cereal
Milk & Water	Milk & Water	Milk & Water	Milk & Water	Milk & Water
Lunch	Lunch	Lunch	Lunch	Lunch
Hot Ham & Cheese Sandwich on Whole Grain Bread	Sliced Turkey Breast	Fish Sticks	Black Bean & Corn Salad w/Tortilla Chips	Pizza
Cauliflower	Mashed Potatoes	Peas	Peppers	Broccoli
Apples	Green Beans	Oranges	Tomatoes	Banana
Milk & Water	Milk & Water	Milk & Water	Milk & Water	Milk & Water
PM Snack	PM Snack	PM Snack	PM Snack	PM Snack
String Cheese	Peppers & Carrots	Snack Mix	Wheat Thins	Pretzels
Broccoli	Hummus	Oranges	Grapes	Raisins
Water	Water	Water	Water	Water