

# FLLC MENU

## February 27 - Mar 3, 2017

\*\* Please note: Alternatives are always provided for students with food allergies.  
Also, I have added more specifics to some of the menu items.

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Cereal	Greek Yogurt w/Granola	Whole Wheat English Muffin w/Honey	Granola Bar w/Raisins	Cereal
Milk & Water	Milk & Water	Milk & Water	Milk & Water	Milk & Water
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Whole Grain Pasta w/Butter Sauce	Rice & Beans	BBQ Pulled Pork	Peanut Butter & Banana Sandwich on Wheat Bread	Pizzadilla (Marinara, Cheese, & Pepperoni)
Peas	Broccoli	Sweet Potatoes	Broccoli	Peppers
Blackberries	Apples	Grapes	Fruit	Tomatoes
Milk & Water	Milk & Water	Milk & Water	Milk & Water	Milk & Water
<b>PM Snack</b>	<b>PM Snack</b>	<b>PM Snack</b>	<b>PM Snack</b>	<b>PM Snack</b>
Wheat Thins	Chips	String Cheese	Pretzels	Veggie Chips
Tomatoes	Salsa	Peppers	Carrots	Grapes
Water	Water	Water	Water	Water